It can take years of work before we know if a particular insight bears fruit. When we have to choose which insights to pursue, we are in the same position as the person who tries to decide where to live or whom to marry. There’s no way to know ahead of time if we’ve made the right choice.

Science, of course, is based on both collecting data and then reasoning about it. It’s no surprise that our scientific ideas might change as we get more data. Yet the principle that reason needs faith is found even in a field like mathematics.

Unlike science, math actually does attempt to come up with eternal proofs. The geometry that Euclid came up with in ancient Greece is still true, even while the physics that Aristotle taught is not. Euclid’s geometry is true even while the physics that Aristotle taught is not.

But even Euclid’s geometry is not the last word. To do geometry (or any other kind of logic) you have to start with assumptions, called “axioms.” These are assumptions that seem so self-evident that you can accept they are true, without proof. But just as reason is built on faith, so our faith is pointless if we do not build upon it with reason. We cannot reason without faith, nor can faith without engaging our reason, any more than a bird can soar with only one wing.

As St. John Paul II reminds us, neither faith nor reason are ends in themselves. Rather, they are wings to bring us to our ultimate goal: the contemplation of Truth.

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St. John Paul II once wrote that faith and reason are “two wings on which the human spirit rises to the contemplation of truth.” The idea that faith and reason work together can sound startling to people who think that the two are somehow opposed to each other. But when you look more closely at how faith works, and how reason works, then you can see that the pope had it right. Neither faith nor reason can operate alone. Each requires the other.

Consider how this argument plays out in the common assertion that somehow science and religion are at war. Many people see religion and science as two competing sets of truths: two big books of facts. And they worry, what should happen if the facts in one book contradict the facts in the other?

But faith is not based on rigid certainties that can fit in a book. Indeed, it is just the opposite. The writer Anne Lamott (echoing the theologian Paul Tillich) put it nicely: “the opposite of faith is not doubt; the opposite of faith is certainty.” If we had certain knowledge, stuff in a book, then we wouldn’t need faith. In the same way, science doesn’t consist of just the formulae and answers in the back of the book — even if sometimes that’s how it is taught in school. If science is just a big book of unchangeable facts, then why is it that science textbooks go out of date so quickly?

We sometimes hear the phrase “blind faith” and think that faith means accepting something as certain only on authority, because somebody says so, without looking further — closing your eyes to the facts and proceeding on emotion. But that’s not faith at all. To the contrary, remember what Moses said to his people after giving them the Ten Commandments: “Be very careful not to forget the things your own eyes have seen, nor let them slip from your heart as long as you live, but make them known to your children and to your children’s children” (Dt 4:9). He doesn’t say, “close your eyes,” but rather, “make [what you have seen] known to your children.”

Blind faith is not walking with blindfolds, ignoring the truth. It’s proceeding after we’ve done everything we can do to see the truth but still can’t see everything.

After all, it is on the basis of both reason and gut feeling that we make all the big decisions of our life. Whom should we marry? What career should we pursue? Where should we live? We never have enough “data” to know with absolute certainty the right thing to do. All of life is making crucial decisions on the basis of inadequate information. But even though we don’t have full knowledge of the truth, we still have to choose. If we knew the answer perfectly and without doubt, we wouldn’t need faith. Faith is what we rely on when we don’t have certainty.

And how do we make these decisions? What do we base our faith on? We look at all the information we can get. We also listen to all the authorities we can trust: our family, friends, local clergy. Then we apply our imagination to see what it might be like to be in one situation or another, and we decide which choice makes us feel right in the long run. It’s data, reason, authority, and gut instinct … all rolled together.

Indeed, like what happened with Moses on the mountain, every religious experience begins with … well … an experience. An act of faith often begins with a new and startling thing that has happened to us: the voice of God on a mountaintop, or a still small voice within us that calls us to some new and unexpected action. We use faith to move forward when we are confronted with an experience that demands we make a choice.

We find the same situation in science. Science seeks to find a deeper understanding of nature that goes beyond the textbooks. Our goal in science is not just to come up with the most accurate equation to match the data. After all, a computer can arbitrarily fit an equation — more than one equation! — to any set of data points. But if our goal is to find a description of nature that not only matches the data but also gives us insights as to what’s going on, then we need to judge all the different solutions that a computer might give us and ask our intuition to help us decide which answer deserves our faith, which one seems most likely to lead us to understand the bigger puzzle we’re trying to solve. And that’s why, as we learn more and understand more, we let our ideas grow and change.

For example, ancient astronomers could predict eclipses and the positions of the planets using Aristotle’s physics, the best science available for 1,500 years. But Copernicus, Kepler, and Newton (all devoutly religious men) worked out a new description of the motions of planets that not only gave good predictions, it also led to a new understanding of how nature itself works, including a force we now call gravity.

Notice two things here: First, no matter how well established a bit of science may appear to be, we can never predict how our explanations might change in a hundred or a thousand years’ time. Or even next week! And second, good science is not just getting the right answer, it’s getting an answer that leads to new insights. But since our criteria for what makes a good explanation depends on our very human instincts about whether or not an insight is useful, likely to lead to a deeper understanding of the truth, then that judgment of what is good is not one that can be determined by reason alone.